

**eliminating racism
empowering women
ywca**

YWCA OF ALLIANCE
239 East Market Street
Alliance, Ohio 44601
330-823-1840
(With 24 hour voicemail)
Fax: 330-823-1841
www.allianceywca.org

THE YWCA DEAL

(DIVERSITY, EMPOWERMENT, AND LEADERSHIP)

YWCA WEEK WITHOUT VIOLENCE

“TAKE BACK THE NIGHT”

2009 marks the fifteenth annual observance of the **YWCA Week Without Violence**. We invite you to join us as we once again partner with Mount Union College’s Association of Women Students, Alpha Chi Omega Sorority, and the Alliance Area Domestic Violence Shelter in observance of *“Take Back the Night”*. **A Domestic Violence and Sexual Assault Information Fair will be held in the Hoover Price Campus Center on Wednesday, October 28th, from 5:00 p.m. until 6:30 p.m. The program will follow at 6:30 p.m. in Campus Grounds.**

The guest speaker this year is Tara Brewster. She is herself a survivor of date rape. She will also present “He Said, She Said”, on Thursday, October 29th, at 8:00 p.m. on the Mount Union College campus in room 100 of Tolerton and Hood.

Following the Wednesday evening program and campus moonlight march, refreshments will be provided in the East Room in Hoover Price Campus Center. Come for all or any portion of this evening. This event is free and open to the public.

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A Message from the Board President

Greetings To All This Fall;

As you graciously allowed me to attend the Mid Atlantic Leadership Academy in Harrisburg, PA, I “thank you” sincerely. It was an eye opening experience that I shall never forget and I am finding myself continuously sharing this experience, with members & non-members of the community. Each & every YWCA is exclusive in its own right, to fit their individual community needs.

Have all of you reading this Newsletter read the YW History completely? It is a must read. How can we as Individuals know where we are going, if you cannot identify with where we have come from? The Alliance YW has yet to arrive to meet the set standards of the Hallmark Programs that are desperately needed to exist tomorrow. Girls 30 & under are needed in order to train & prepare for our future existence in Alliance, OH.

The YW Mission begins in the home. All women are not empowered until we eliminate racism. There is history to be made, did you know that April 30 is “National Day of Commitment to Eliminate Racism”? So now we do and where do we go from here? History can be used as capitol gain.

Collectively we made it through the Peer Review Preparation, Golf Tournament, Apple Dumplings, ABC for Kids successfully. There are always kinks that need to be ironed out, of course we always press TOGETHER.. Thanks to ALL the Chairs, co-chairs, volunteers & members that participated in any way, shape or form. Your time was greatly appreciated.

As I looked out my window on this last day of August, what did I see, but a red leaf on the ground, which is the first indication that Fall is quickly approaching. Of course accompanying Fall is the crispness in the air, football games, jackets, school, pumpkins, cider, Fall artistry of trees, “take Back the Nite”, “Pink Ribbon Project” and TechGYRLZ. Also your donations for the Clothes Closet have been awesome.

In closing “I challenge each & every person reading this, to implement our Mission & encourage new Membership to the 30 & under ladies in your daily lives, who are our Techgyrlz of the future envision tomorrow”.

In Christian Service,
Cindy King
Board President

YWCA BOARD OF DIRECTORS **(2009 – 2010)**

BOARD OFFICERS

Cindy King - President
Helen Bosick - Vice President
Barb Richmond - Treasurer

BOARD MEMBERS

Barb Armitage
Joni Bowen
Susan Bowman
Barb Brown
Dottie Callender
Nancy Castelucci
Michelle Collins-Sibley
Gwen Dunagan
Lesia Felger
Karen Locke
Sharon Luke
Elaine Miller
Missy Miller

YWCA ASSOCIATION BOARD **NOMINATING COMMITTEE** **(2009 – 2010)**

Wanda Chidsey
Michelle Collins-Sibley
Jennifer Crist
Susan Denning
Karen Locke

UPCOMING EVENTS



OCTOBER



is Breast Cancer Awareness Month

PINK RIBBON BREAST AND CERVICAL CANCER PROJECT

Breast and cervical cancer are among the leading causes of death in women between the ages of 35 - 54.

The number one risk factor of developing breast and cervical cancer is something we cannot control, - increasing age. Fortunately, with early diagnosis of these diseases, the survival rate is over 90%.

The **Pink Ribbon Breast and Cervical Cancer Project** is designed to help with the early detection of these diseases by offering mammograms and Pap Tests **free of charge**.

If you...

- ⇒ are a woman living in **Portage, Stark, Summit, or Wayne counties**
- ⇒ are 40 or older
- ⇒ meet liberal income guidelines
- ⇒ do not have insurance

Call us to see if you are eligible for the Program. You can then be referred to a doctor or a clinic near you.

330-926-5750 or 1-800-381-2489 toll free

HELP STAMP OUT BREAST CANCER



Breast Cancer benefit stamps are available at a cost of 55 cents each or in sheets of 20, at a cost of \$11.00. 11 cents per stamp will be donated to breast cancer research.

Purchase these stamps and make a difference in the fight against breast cancer.

Mark your Calendars

“Women’s Fiber Fest”
Presented by the YWCA

March 13, 2010
9:30 a.m. - 4:00 p.m.

Alliance YWCA

Workshops:

- ⇒ **Knitting**
- ⇒ **Weaving**
- ⇒ **Spinning**
- ⇒ **Crocheting**
- ⇒ **Needle Felting**
- ⇒ **and more**

Marketplace and Box Lunches

Workshop, Box Lunches available & all day Market Access

Call 330-823-1840 for additional information or check our website for current updates

<http://allianceywca.org>

National Neighborhood Day

Saturday, September 19
Rain Date September 26

Free activities for the whole family plus register for *Activate America 3 - 4:30 p.m.* at the **Alliance YMCA**
205 S. Union Ave.

Free Firestation Open House
3-5 p.m. at the Alliance Firestation #1
63 E. Broadway St.

Free picnic and entertainment
4-6 p.m. at First Immanuel UCC
208 E. Oxford St.

Sponsored by:

- Mount Union College
- Alliance YMCA
- First Immanuel UCC
- Alliance Friends Church
- Alliance City Schools

FOR YOUR INFORMATION

NEED HELP?

Just Dial 2-1-1

For United Way's Information & Referral

- ⇒ It's free and available 24/7 by dialing 2-1-1* or 330-491-9997.
- ⇒ Referrals to greater Stark County health and human services agencies.
- ⇒ Information on volunteer opportunities.
- ⇒ It works like 9-1-1 for **non –emergency** questions on local health and human services.
- ⇒ Information also available at **www.uwgsc.org**.

*Not available on all cellular phones.
Call 330-491-9997

from Alzheimer's Foundation of America

Each November, in recognition of National Alzheimer's Disease Awareness Month, the Alzheimer's Foundation of America proudly joins hands with local organizations from coast to coast to carry out major national initiatives:

- National Commemorative Candle Lighting -
November 15, 2009
Read more at **www.candlelighting.org**
- National Memory Screening Day -
November 17, 2009
Read more at
www.nationalmemoryscreening.org

THE OHIO BENEFIT BANK

neighbor helping neighbor

Need help applying for:

- ⇒ Children's health care insurance
- ⇒ Home energy assistance
- ⇒ Child care subsidies
- ⇒ Food stamps
- ⇒ Free tax assistance including the Earned Income Tax Credit

Applying for benefits can be confusing and difficult. The Ohio Benefit Bank (OBB), a program offered in partnership with the Governor's Office of Faith-Based and Community Initiatives and the Ohio Association of Second Harvest Foodbanks, is a free service that simplifies the process, making it easier-and faster-for you to access the programs you need.

At an OBB site, you can receive counselor assistance to check eligibility and prepare applications for these public and work support benefits.

Find out in minutes if you are eligible. You may call the YWCA at (330)823-1840 to talk to a trained Benefit Bank counselor. You may also call the Benefit Bank toll-free at 1.800.648.1176.

WEIGHT WATCHERS INTERNATIONAL

Weight Watchers International continues to hold meetings at the YWCA. **Meetings are held on Thursdays.**

evening schedule:

5:30 p.m. - weigh-in

6:00 p.m. - meeting

For more information about Weight Watchers International, please call 1-800-651-6000.

21st Century Grant Awarded

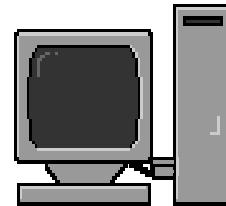
The Ohio Department of Education awarded a five-entity partnership a \$200,000 grant for after school programming. The grant has the potential of bringing a total of \$850,000 to community youth over the next five years. The YWCA will serve as the fiscal agent and a program activity partner. Academics and enrichment activities at the two sites, the Alliance Middle School (grades 6–8) and Alliance Neighborhood Center (grades 3-5), will be supported by program activity partners including Mount Union College, the YMCA, and the YWCA. One of the components will be a focus on family involvement.

The YWCA was well represented on the grant writing team with Board members Barb Armitage and Barb Richmond along with the executive director, Gloria Whiteley-Magrath.

The YWCA is pleased to welcome Betsy Brown, a retired middle school math teacher and a Master Teacher in the Mount Union College Exchange Program, as the project director. Betsy will work with site coordinators, activity partners, as well as the YWCA program staff.

Building Capacity Through Peer Review

In preparation for the YWCA of the Mid-Atlantic Region Council Peer Review, a local team of community members lead by Board member and chair, Michelle Collins-Sibley conducted a self-assessment of our Association. The team compared our Association's work and practices to the 45 standards developed by the national movement, which reflect industry and YWCA best practices. The team met weekly to review agency documents, seek clarification, and provide recommendations to strengthen the Association and our work. The team assessment was overwhelmingly positive. Michelle and the staff are working to wrap-up assignments before onsite Peer Review, which is scheduled for October 19th and 20th. Stakeholders, including members, are invited to attend the 10:00 A.M. on the first day and the exit meetings at 4:30 P.M. on day two.



VISIT
THE YWCA WEBSITE
at
www.allianceywca.org

HOLIDAY HAPPENINGS

QUARTERLY MEMBERSHIP DRAWING



Don't miss out on the quarterly membership drawing. All new and renewed members are eligible for the drawing.

Our last quarterly membership drawing was held in July, for those who joined the YWCA, or renewed their membership during the months of April, May, and June.

Winners for the second quarter and their prizes were:

Mary Ann Day - scarf created and donated by YWCA Knitting and Crocheting Circle

Mary Lou Baker - patriotic welcome plaque donated by Cathy Brogan

Anyone wishing to donate hand crafted items for the drawings, please call the YWCA. We give two prizes each quarter. We are in need of prizes for the drawings for 2009. Thanks to those who donated in the past, and congratulations to our winners.

Need a Christmas gift for that hard to buy for person on your list?



The Amazing STREAK-LESS MICROFIBER CLOTH

Works wonders on.....

Windows, mirrors, stainless steel appliances, and ceramic tile

Removes 98% bacteria & Leaves a shine

Absolutely, Positively never streaks
No Chemical Cleaners needed...
Just Water!

AS SEEN ON TV

STREAKLESS IS THE SCIENCE OF GLASS

Now just \$3.99 or 3/\$10.00

MITTEN, HAT, SOCK, SCARF TREE

Donated items on the YWCA 2008 Christmas Outreach Tree numbered 255. There were hats, scarves, gloves, slippers, and socks.

Approximately 28 families were given items that decorated our Christmas tree and benefited from our generosity.

Our Christmas Outreach Tree will reappear in Haggart Hall at the end of October. Please consider adding an item. Both adults and children in our community will benefit from your acts of kindness which will warm their hands and their hearts. Your kindness will be much appreciated.

This Elf Says Cookies are in Your Future

Shadows shorten and the days lengthen. Leaves fall and blanket the ground. For everything there is a season, and the one up next is cookie season.

Christmas cookie platters are making a return engagement. There will be cutouts and polka dot macaroons and harlequin pinwheels and cherry bon bon cookies and chocolate mint parfait bars, of course, and..... The elves are working on the list, although all cookies are nice, making it hard to choose.



Large platters will have an assortment of 5 dozen cookies for \$25, the small 2 1/2 dozen for \$13.00. Orders for platters can be placed by calling the YWCA at 330-823-1840. Deadline for orders and payment is Friday, December 11. Cookie platters will be available for pick up Thursday, Dec. 17 from 2 - 5 p.m. and Friday, December 18 from 10 a.m. until 1 p.m.

ADULT AND YOUTH PROGRAMS

TUTORING (GRADES 1 – 4)

Instructor: Harriett Fahnert

Dates: beginning the week of September 21st
concluding the week of December 14th,
2009

Time: Individual times may be arranged with
our instructor.

Fee: \$15.00 per hour

**We follow the Alliance City Schools
calendar.** Some financial assistance is available
upon request.



RED CROSS BABY-SITTING CLINIC (AGES 11 AND UP)

Instructor: Jan Ossler

Classes meet the course requirements for
certification through the American Red Cross.
This course will emphasize necessary skills to
become a responsible baby-sitter. Class will meet
for 5 sessions.

Dates: Thursdays,
October 22 - November 19, 2009

Time: 5:30 p.m. - 7:00 p.m.

Fee: \$30.00



KNITTING AND CROCHETING CIRCLE (AGES 12-ADULT)

Come and connect with others who share your
interest. Experienced crafters are welcome to join
beginners and intermediates. Join the circle if you
would like to learn how to knit or crochet. Both
yarn and needles are available. Yarn is our
common thread.

Date: Circle meets on the 1st and 3rd
Tuesday of every month (year round)

Time: 7:00 p.m. – 8:30 p.m.

Fee: Free, donations of yarn and completed
projects accepted

MOTHER-DAUGHTER BOOK CLUB (AGES 13 AND OLDER)



Facilitators: Janet Metzger,
Head of Children's Department
Rodman Public Library
and Jan Ossler, YWCA
Program Director

What is special about Mother-Daughter Book Groups?

- Mother and Daughter Book Groups foster
communication between moms and their
daughters, which strengthens communication.
- The group provides a platform overview for
important issues which are sometimes
overlooked, to be discussed.
- Friendships, love and appreciation of books
evolve.
- Participants are free to express themselves,
remembering that there are no right or wrong
answers.

**Books will be provided by Rodman Public
Library and need to be picked up prior to the
discussion group at the library.** The following
book has been chosen for the first discussion group
for fall 2009:

***Memories of Summer* by Ruth White**

In 1955, thirteen-year-old Lyric finds her whole life
changing when her family moves from the
mountains of Virginia to a town in Michigan and her
older sister, Summer, begins descending into mental
illness.

Date: Saturday,
October 17, 2009

Time: 2:00 p.m. - 3:30 p.m.

Fee: FREE

MANY THANKS

APPLE DUMPLING GANG

I want to thank all of you who made the Apple Dumpling Booth such a success. This project will assist the YWCA in continuing to make a difference in the lives of women in our community.

My deepest appreciation for your hard work. It would not be successful without you.

Lesa Felger
Chair

ABC FOR KIDS

We started off another great school year for Alliance-area students. Thanks to everyone for donations of money or school supplies. A special thanks to our YWCA members who donated money, supplies and their time to make this project a success. Our thanks also to WAL-MART for their assistance in making the voucher distribution possible.

We handed out vouchers to 319 kids (or 141 families, total), plus supplies to 39 more children.

Karen Locke
Chair

TEAM YWCA TRIUMPHS

Thanks and congratulations to team YWCA and to Coach Terry Schoeppner for a winning season. Team YWCA placed second in the Girls Softball 18 & Under Tournament. The trophy and team picture are proudly on display at the YWCA front desk.

Congratulations, Team

YWCA Carnation Scramble Kicks off Carnation Week

The 14th annual YWCA Carnation Golf Scramble was held at Tannenhauf on Friday, August 7, and was a big success. Several new twists were added this year in conjunction with the 50th Carnation Festival. Carnation Sponsorships offered businesses, organizations and people the opportunity to recognize and remember people who have made a contribution to the YWCA, the carnation Festival or the city of Alliance. Tannenhauf donated prizes given by WDJQ to local people who could answer trivia about past Carnation Festival people and events. Alliance High School art student Adam Walker designed a special logo incorporating Tannenhauf, the Carnation Festival and the YWCA into it for the event. And, for the first time men were invited to be part of the scramble.

Tournament originator and long time YWCA member Judy Tolerton was on hand to golf. Fifty-two golfers participated during a picture-perfect weather event.

Scramble co-chairs Leigh Mainwaring and Barb Armitage want to thank the Board members for their donation of beautiful baskets, given as proximity prizes, Tannenhauf Golf Course for their help, the local merchants for their sponsorship and the YWCA members and staff who worked on the golf tournament.

Noodle Notes 20 - Learning Along the Way

By YWCA Food Service Manager, Nola Haiss

Cooking is an activity that provides me with endless variety to keep the neurons firing - a good thing. Recipes change because the contents of the refrigerator change. People make requests - unbelievable - or even bring in recipes. Recipes can be discovered anywhere or rediscovered on a lazy - now that is a really rare thing - afternoon of going thru what was my mother's and even my grandmothers' recipe stashes. Along that path I am discovering the recycling pattern for recipes at *Better Homes & Gardens* as well as *Taste of Home* - 50 and 25 years for the first and 5 to 7 the latter.

Once I am finally playing in the kitchen, the learning continues. I have learned that: 1. Celery and onions along with garlic are a good start for most savory dishes, and more is better than less. 2. I can be lazy about the garlic, and there is a store in Alliance where a quart jar of minced garlic runs about \$2. 3. You can hide a lot of grated zucchini in with the celery and onions. 4. A secret ingredient should not be water. Yes, I even know of someone who fried/cooked hamburger in water! 5. Cooking is easy; menus are hard. 6. Peel carrots with a hand peeler; then completely shred/peel the carrot for a salad with the peeler. I never did understand the attraction or have any talent for chasing itty bitty diced carrots around a bowl. 7. Most recipes for a skillet and the stovetop can be done in the oven, saving on heat in the summer in the kitchen.

And 8. Sometimes the tried and true are really very good. This brings me to a recipe brought in by Mary A. very simply titled **four-layer dessert**. It requires only 15 minutes of oven time and has plenty of play options.

Four-layer dessert



Layer 1: 1/2 C oleo
1 C flour
2 Tbs. sugar
1/3 C chopped nuts

Mix all ingredients in a bowl, using a pastry blender. Pat crumbs in the bottom of a greased 9 x 13 pan. Bake at 375 degrees for 15 min. Cool.

Layer 2: 8 oz. cream cheese, softened
1 C powdered sugar
8 oz. whipped topping

Beat cream cheese and sugar together. Fold in whipped topping. Spread over crust.

Layer 3: 2 - 3.4 oz. packages instant chocolate pudding
2 3/4 C milk

Mix until slightly thickened and pour over cream cheese layer.

Layer 4: 8 oz. tub of whipped topping spread over pudding layer;
Sprinkle with additional nuts or chocolate sprinkles.

Play tips: lemon pudding and add lemon peel to the crust
pistachio pudding and green sprinkles on top
coconut cream pudding, adding shredded coconut to the pudding and some toasted coconut on top, and do not forget about banana cream.



MEMBERSHIP INFORMATION

Join the Young Women’s Christian Association and become a member of the largest international organization of women and girls. The YWCA creates opportunities to shape the future by offering a variety of educational and informative programs and also by providing valuable services.

The Alliance YWCA was founded in 1926, with 40 charter members. The YWCA is open to women and girls of all ages, economic, racial, occupational, religious, and cultural backgrounds, who support the YWCA mission.

The YWCA provides opportunities for members to develop leadership qualities. Members participate in both the formation of programs by serving on YWCA committees, or by becoming Board members. The members of the Board of Directors of the YWCA are elected by the members. Members vote on all constitutional matters and are also eligible to serve as delegates to the YWCA conventions.

We welcome the following new members who have joined our ranks during the months of **April, May, and June:**

- Sue Bowman
- Barb Brown
- Lynn Guildo
- Christine Heatherington
- Benita Walker

MEMBERSHIP APPLICATION

NAME _____
 ADDRESS _____
 CITY _____
 STATE _____ ZIP CODE _____
 PHONE(H) _____
 (W) _____

- New Membership
- Membership Renewal
- I would like to know more about becoming a volunteer at the YWCA.

YWCA MEMBERSHIPS

- \$20 Basic Adult
- \$25 – 59 Heritage
- \$60 – 99 Sustaining
- \$100 – 149 Patron
- \$150 + Angel
- \$12 Senior (60 and over)
- \$5 Teen (12 – 17)

Contributions above the basic amount are tax deductible.

YWCA ASSOCIATES

- \$20 Male Adult
- \$5 Male Teen (12 –17)

**Please make checks payable to the
 YWCA of Alliance, and send to:
 YWCA
 239 East Market Street
 Alliance, Ohio 44601**

YWCA STAFF

Executive Director – Gloria Whiteley-Magrath
Program Director – Jan Ossler
Food Service Manager – Nola Haiss
Housekeeper – Debra Charleston
Program Assistant – Susan Schafer

Home or Local Site for

Alliance Community Coalition
Alliance Table Tennis Association
Johnson Athletic Club Ballroom Dancing
Kiwanis Club
Quota Club
Weight Watchers, International - Alliance site

OUR WISH LIST

multi media projector

supplies:

copier paper	envelopes
file folders	highlighters
3 ring binders – 1”, 2”, and 3”	paper towels
rolls of double raffle tickets	stamps
bookends	yarn
wet/dry shop vac	rug shampooer
baskets (empty)	

for our residents:

small bulletin boards	plastic mattress covers
small white trash boxes	pillows and pillow cases
flashlights	blankets

donations for resident’s welcome baskets or completed welcome baskets

WOMEN’S CLOTHES CLOSET



The Women’s Clothes Closet is now accepting donations of fall and winter clothing for women and children (including infants) in all sizes.

Women’s clothing needs:

- fall clothing, new or gently used and clean
- uniforms (scrubs) all sizes, tops and slacks
- shoes, especially sizes 9 - 11
- children’s fall clothing
- fall outerwear
- tape measure (cloth)
- lint brush
- grocery bags
- jewelry

**Open: Tuesday, Wednesday, Thursday
10:00 a.m. - 2:00 p.m.**

If you would like more information about services offered, hours of operation, and the Women’s Clothes Closet needs, please call (330) 829-2895.

ABOUT THE YWCA WOW PROGRAM (Women off Welfare)

The WOW Office, which includes the Women’s Clothes Closet is located in:

**Alliance Neighborhood Center
405 South Linden, Suite 103
Alliance, Ohio 44601
(330) 829-0673**

YOUNG WOMEN'S CHRISTIAN ASSOCIATION
239 EAST MARKET STREET
ALLIANCE, OHIO 44601
PHONE: (330) 823-1840
FAX: (330) 823-1841
www.allianceywca.org

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United Way
of Greater Stark County

YWCA MISSION

The YWCA of Alliance is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.